



Sonoma State University

Alcohol and Other Drug Education Programs

Biennial Review

FY2022-2024

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Introduction

Sonoma State University is in compliance with the Drug Free Schools and Campuses Regulations (34CFR, Part 86) of the Drug Free Schools and Communities Act (DFSCA), and the Higher Education Act (Section 120A). Sonoma State expects that all members abide by local, state, and federal laws, including the DFSCR, regarding alcohol and other drugs as well as the California State University System Policies regarding Drugs & Alcohol.

The Biennial Review Team

The Alcohol and Other Drug (AOD) Committee, reviews the requirements and goals of the Drug-Free Schools and Campuses Regulations [EDGAR Part 86] and collects campus information to evaluate the Drug and Alcohol Abuse Prevention Program (DAAPP), review publications, and create the Biennial Review every subsequent two years to include recommendations for future actions.

The AOD Committee supports the mission of Sonoma State University by promoting healthy choices and reducing the harmful effects caused by abusing alcohol, tobacco, and other drugs. The committee consists of staff and student representatives from across the University campus. This includes Residential Education and Campus Housing (REACH), Student Involvement, Faculty, Fraternity and Sorority Life, Athletics, Student Health, Sonoma State University Police, Sonoma County Department of Health Services, Students, Counseling and Psychological Services, Confidential Advocacy, and Office for the Prevention of Harassment and Discrimination.

The University is an alcohol, drug, smoke, tobacco, and vape free campus. Alcohol and other drug rules are detailed in the Student Code of Conduct. This information is provided to all incoming students during mandated New Student Orientation (online or in person). Also, a notification of the various policies such as the DAAPP and various resources on campus are sent to all students at the start of every semester by the Division of Student Affairs.

Biennial Review Process & Methodology 2022-2024

Sonoma State University (SSU) complies with the [Safe and Drug Free Schools and Community Act of 1989](#) and the Higher Education Act, Section 120(a) addressing drug and alcohol abuse prevention. The university recognizes that drug and alcohol abuse on campus is not conducive to SSU's mission, and is actively committed to substance abuse education and prevention for both students and employees.

All university students, faculty members, and staff are subject to local state and federal laws regarding the unlawful possession, distribution, or use of alcohol and illegal drugs. Violators are subject to arrest, university discipline, criminal prosecution, and/or removal from university housing. The unlawful manufacture, distribution, dispensing, possession, or use of illegal drugs on the university campus, or at any university-sponsored event off-campus is also prohibited. A complete description of this policy can be found at <http://www.sonoma.edu/policies/alcoholic-beverages>. Alcohol use for students living in the residential community is governed by the "Campus Housing Regulations & Guidelines," and varies based upon the age of the student and the terms of the community where alcohol may be consumed. The full text of these regulations can be found at [REACH Regulations, Guidelines, and Conduct Process](#).

The California State University (CSU) Student Conduct Code stipulates that students found in violation of the Alcohol Policy are subject to expulsion, suspension, probation, or a lesser sanction based on a finding related to the following policies:

(9) Use, possession, manufacture, or distribution of illegal drugs or drug related paraphernalia (except as expressly permitted by law and University regulations), or the misuse of pharmaceutical drugs.

(10) Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University regulations), or public intoxication while on campus or at a University related activity.

The entire code governing student conduct may be found at <http://studentaffairs.sonoma.edu/student-resources/student-conduct>.

Employees in violation of the university alcohol and drug policies may be subject to arrest, corrective action, or dismissal, or be required to participate fully in an approved counseling or rehabilitation program. Applicable legal sanctions under federal, state, and local statutes for the unlawful possession or distribution of illicit drugs and alcohol range from probation and diversion, to imprisonment in the county jail or state prison. A police officer may confiscate the driver's

license from any person suspected of driving under the influence of alcohol and drugs who refuses to take a blood-alcohol test.

In accordance with the Drug-Free Schools and Communities Act (DFSC Act), programs such as National Collegiate Alcohol Awareness Week, Aware Awake Alive, Sexual Assault Awareness Month, as well as our Red Flag and Crashed Car displays, focus on campus-wide alcohol use, abuse and misuse awareness. Other drug and alcohol prevention presentations and information are provided throughout the year, at orientations, University 102 classes, residential educational programming, upon request for departments and in conjunction with other sponsored campus activities. Our Greek communities play a role in helping to reduce alcohol-related incidents by requiring alcohol and drug education in the new member education process, hosting speakers and programs in their individual chapters about bystander intervention, alcohol poisoning as well as other alcohol and drug related issues. In addition to many of the active programs there are also numerous passive posters, flyers, screen ads and blog posts, that are placed around campus in high foot traffic venues and spaces, or in online newsletters and social media platforms. These spaces include the residential community, classroom hallways and spaces, the Seawolf Plaza, Library, Recreation Center, Student Center, as well as in Dining Halls and other campus food service venues.

Individuals who participated in, or contributed to this review include:

- Dr. Ryan Jasen Henne, Associate Vice President for Student Affairs/Dean of Students
- Mo Phillips, M.A., Director of Student Involvement
- Ben Ellis, M.A., Director of Student Conduct
- Steve MacDonald, Alcohol and Drug Prevention Educator
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- Angie Scardina, Principal, Rancho Cotate High School
- Chelsea Hennan, Athletics Department Health, Wellness & Student Success Manager
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- Dr. Andrew Myers, Associate Director for Counseling & Psychological Services
- Chaka Morris, Registered Nurse/Health Promotion Specialist
- Abbie Page, Fraternity & Sorority Life Coordinator
- Jacque Reid, Office for the Prevention of Harassment & Discrimination
- Shelley Alves, Sonoma County Public Health
- Eddy Lopez, Sonoma County Public Health
- Nader Oweis, Sonoma State Chief of Police
- Napoleon Reyes, Faculty, Criminal Justice

The Biennial Review is hosted on the [Division of Student Affairs website](#) and downloadable at any time. A printed copy may be obtained by contacting the Office of the Vice President for Students at studentaffairs@sonoma.edu. The most recent four years of review are available (2020-2022, 2022-2024).

Annual Notification Procedures

Students

- The Office of the Vice President for Student Affairs, on Census Day, will send a notice to all students regarding the University's policies on Alcohol and Other Drugs (AOD).
- The topic of AOD is covered during all NOMA Nation Orientation sessions.
- The topic of AOD is covered during all first floor/building meetings for residential students within the first ten days of each semester.

Employees

- Human Resources will distribute a notice of all applicable AOD policies and resources to all employees each fall semester (Census Day).
- Human Resources will provide information regarding AOD policies and resources during all new employee orientation sessions.

Campus and Community

- Information related to AOD education, resources, and services are delivered all year passively through: campus screens (LoboVision, billboard monitors), bulletin boards, signage, bathroom stall reads, social media, and tabling (word of mouth programming). (Appendix B and Appendix C)

The Drug and Alcohol Prevention Program (DAAPP)

Elements

Highlighted Programs Summaries

Brief Intervention Counseling with AOD Education and Prevention Specialist

The purpose of this program is to meet the needs of students who may be vulnerable or struggling with issues related to AOD concerns. The AOD Education and Prevention Specialist (AODEPS) reports to the Director of Student Conduct, within the Division Student Affairs. In consultation with the University Care Team, the AODEPS provides individual or group sessions for students in order to identify risky behaviors in hopes to prevent alcohol and drug abuse amongst Sonoma State students.

The sessions are an alcohol, marijuana and/or other drug education workshop provided for students who have been found responsible for violations of the alcohol and drug policies or voluntary referrals from campus partners. This program is designed to educate health risks associated with AOD abuse. The program is assigned on two levels depending on the severity, recidivism, or level of care assessed based on the issue and is available in-person or virtually and in a group or individual format.

The impact of these sessions is observed through low recidivism, outreach to consult with the AODEPS after the student's required sessions are completed, and anecdotal feedback from students after their attendance of the sessions.

Prescription Drug Use Screening and Intervention

Prescription drug and other substance use education is integral to nearly all Student Health Center (SHC) interactions with patients. Intake at each medical visit includes questions about current medications, as well as the frequency and quantity of tobacco, alcohol, marijuana, and other substance use. Information about prescribed medications and other substances as well as potential short and longer term impacts on health is provided by the clinician as appropriate. When substance use relates to the primary reason for the medical visit (e.g. respiratory illness, drug interactions, patient seeking medications with potential for abuse, behavioral or mental health issues) a more comprehensive level of medical intervention and discussion is provided. Similar interventions occur in conjunction with client interactions at SSU Counseling and Psychological Services (CAPS).

Each student interaction with the SHC Pharmacy includes information about the proper use of medications, potential side effects, hazards, precautions, and potential drug and substance interactions.

The Student Health Center has worked with the Sonoma County Water Agency and Russian River Watershed Association to sponsor periodic, on-campus, SHC monitored collection/take back of unused or expired medications under the “Safe Medicine Disposal” program. The purpose of this effort is to prevent the contamination of environmental and water resources with these medications and also to prevent prescription drug misuse by reducing the amount of unused casually stored or discarded medication that could be redirected for illicit use.

Tobacco

The Student Health Advisory Committee (SHAC) works with the Student Health Center (SHC) to provide education about tobacco products, tobacco litter, and cessation information at campus theme weeks and activities. “Quit Kits” are always available at the Student Health Center lobby and Pharmacy for no cost to students. Since tobacco users are at high risk of influenza-related health complications, student smokers may sign a pledge to not smoke any substance for 24 hours and then receive a free flu immunization from the Student Health Center during this time period. SHAC participates in the annual No Butts Week (observed in conjunction with other campus activities during Earth Week) and during their own sponsored events including Stress Less Fair. Collaboration will continue with the California Youth Advocacy Network, the American Lung Association and the local Public Health Department to focus on tobacco product use and education.

Campus leaders ensure publicity of the policy in student, staff and faculty newsletters, [websites](#), via social media, new campus signage, new student and transfer orientations, new employee orientations, posted job announcements, campus housing, and visitor information. Sonoma State Human Resources and the Student Health Center work collaboratively to educate the broader campus community about the smoke free policy, the health hazards of primary and second-hand smoke, nicotine addiction, and nicotine product safety issues. Counseling and Psychological Services (CAPS) offers a smoking cessation group to students as well.

Individual Level Interventions for Students

Screenings and Referral for Education or Treatment

Sonoma State provides access to individual addictions counseling by a nationally-certified, state-licensed alcohol and drug counselor. These services are free for all students and can be accessed through a number of avenues, including the campus conduct system, referrals from faculty, administrators, peers, and/or self-referral. Sonoma State provides a continuum of care ranging from basic psychoeducational information and support to outpatient level treatment. Individual and group counseling and education is also available in the forms of motivational interviewing, individualized feedback, social norms messages, and client-centered counseling.

All students who are found responsible for a simple alcohol or drug violation, which typically includes underage students in possession of alcohol or drugs, are sanctioned to complete alcohol education workshops. The standard sanction for an initial alcohol or marijuana policy violation includes one, 60-minute AOD group education workshop. Any subsequent violation of the AOD policy typically results in a mandated, one-on-one session with the AODEPS.

Education Interventions

Education interventions are administered in two ways on Sonoma State's campus, which include: 1) The conduct process, which consists of students attending group classes that focus on substance use and abuse, and 2) the completion of The Judicial Educator (online module) which includes individualized feedback regarding normative alcohol and other drug use on our campus.

Support Groups

Counseling and Psychology Services (CAPS) offers support groups for students who abstain from alcohol and other drug use and who are seeking support to maintain such a lifestyle. There is also a group offered to students who are coping with the effects of another person's substance use, especially those students who have a parent/family member with a history of substance use issues.

Parental Notification of Policy Violations

Sonoma State views parents and families as partners in the educational process. Sonoma State may notify parents/guardians of a student who was transported to the hospital for AOD situations under life-threatening or extraordinary circumstances.

Athletics

The Department of Intercollegiate Athletics provides Drug & Alcohol Education, Testing, and Treatment Program. This includes a referral of any student-athletes who test positive during

various drug screening programs (i.e. NCAA Drug Testing Program) to Student Conduct, CAPS, etc.

Student Population Level Interventions

eCheckup To Go Prevention and Assessment

All students under the age of 25 years old are assigned the eCheckup To Go Prevention and Assessment program prior to the start of the academic year. The assessment reviews each individual student's alcohol and/or drug use and evaluates risks associated with use. Students who do not complete the assessment may have holds placed on their student accounts that prevents them from registering classes.

Consistent Policy Enforcement

Our conduct system requires that all students who are in violation of campus alcohol and/or drug policies are provided counseling and/or education by our AODEPS.

Referrals to AODEPS

Students who are found responsible for AOD related violations of community standards are required to attend the AOD harm reduction sessions.

Outreach and Prevention Presentations and Programs

The AODEPS offers presentations throughout the year to educate students about the possible effects that substance use can incur and to contribute to the overall reduction of students' substance use.

NOMA Nation Orientation

All summer orientation programs include presentations to students and families about the college drinking culture. These presentations include effective social norms messages that are designed to correct misconceptions and reduce substance use.

Presentations by Invitation

More focused discussions about campus health and mental health services, alcohol, tobacco, and potentially misused or illegal substances during class and club meetings occur when the Health Education nurse is an invited speaker to University 102, First Year Experience and other classes, student clubs or organizations, and the Residential Community. The following are examples of presentation topics made over the past two years:

- Sex in the Dark, Sex Ed, Sexual Health and Sexual Assault prevention;

- Alcohol use/misuse and use of date rape drugs in other forms.
- STIs and sexual decision-making.
- Sexual assault.
- Partner communication and education about sexual health.
- Nutrition and Healthy lifestyle presentations and individual appointment consultations to review components of a healthy diet including exercise and stress reduction and sleep and how medications and drugs can have altering effects on health goals.
- Interviews with students about SHC services, health profession career choices, birth control methods (including condom use) which included the influence drugs and alcohol can have on proper use of contraceptive methods.
- Participation in Alcohol Awareness Week with other campus departments.
- StressFree Zones and programming.
- Puppy Play Day with the Student Health Advisory Committee to educate about healthy alternatives other than alcohol and drugs to reduce stress.
- We also host at least one nationally known speaker a semester to speak to issues of alcohol use, misuse and abuse, ways to cope while not using substances and/or the role alcohol traditionally plays in sexual assaults.

Substance Free Housing

Designated First Year Housing is, by design, substance-free regardless of whether a student is of legal drinking or cannabis consumption age.

Screening

The Student Health Center continues to collaborate (as staffing allows) with various national screening days focused on alcohol use, depression, eating issues, etc. Each of these may have an alcohol/substance or related mental health behavior cofactor which is concurrently addressed. Example: On the CAPS website, there is an anonymous screening that will notify a student if they are elevated on a substance abuse scale and recommend counseling.

Alcohol-Free Social Activities

The University offers many opportunities for students to become involved in pro-social, substance-free activities, such as retreats, service work, recreational sports, dances, theater, movies, San Francisco Giants games, and free late-night programs that occur every Friday, Saturday, and Sunday night during the academic year.

- Our campus-wide social norms educational program seeks to reduce irresponsible alcohol and/or other drug use by correcting students' perceptions that irresponsible alcohol use is an SSU norm.

Counseling and Psychological Services

During these reporting years, the Counseling and Psychological Services (CAPS) Department has worked to prevent alcohol and drug abuse by providing consultation, workshops, group and individual counseling, and referrals to outside resources. CAPS consults regularly with faculty and staff regarding students of concern whose issues often include substance abuse. CAPS offers workshops on a variety of topics, including stress reduction, grief, mindfulness, and study skills. Alcohol and drug use is routinely assessed and discussed during individual and group therapy. CAPS also connects students with pertinent off-campus resources, such as Alcoholics Anonymous, Narcotics Anonymous, the Drug Abuse Alternative Center, etc. CAPS also participates regularly in campus events related to substance abuse such as Alcohol Awareness Week.

In addition, Sonoma State students have the option to take anonymous mental health screenings which can alert the student to a possible alcohol or drug problem, among other mental health concerns. Through the CAPS website, students are provided with the resources that allow them to fully utilize the services of the department. During these reporting years, more than 662 screenings were taken by SSU students.

Campus-Wide Outreach and Special Events

Human Resources

"Sonoma State is a drug-free workplace" is shared on several of our promotional items (jobs ads, websites, etc.) for employees. Additionally, we have our tobacco cessation program through Empathia and our various health insurers, and a Smoke-Free Campus web site that promotes the system-wide [policy](#).

Annual Security and Fire Safety Report

One goal was to make certain students are educated on the zero tolerance policy for alcohol/drug on campus. The [Annual Security](#) and [Fire Safety Report \(ASFSR\)](#) includes statistics for the previous three years concerning reported crimes that occurred on campus, including alcohol and other drug law violations and referrals. The report also includes institutional policies concerning campus security and personal safety including topics such as: crime prevention, Sonoma State law enforcement authority, crimes reporting policies, disciplinary procedures and other matters of importance related to security and safety on campus. Notification is sent out to the university community every year by email.

Red Flags Project

Each year for Alcohol Awareness Week and/or just before the holidays, we display 1800+ flags on the quad, representing the average annual number of college-aged student lives lost due to alcohol use/misuse/abuse.

Campus-Wide Topics and Events

Domestic Violence Awareness Month, Dating Violence Awareness & Healthy Relationships Awareness, National Collegiate Alcohol Awareness Week, Sexual Responsibility & Safe Sex Awareness, Sexual Assault Awareness Month campaigns are provided to educate and enhance awareness of the hazards associated with alcohol and other drug use. In addition to information pertinent to all populations, attention is given to collegiate celebrations and circumstances often associated with college student misuse of alcohol and other drugs (e.g. spring break, sexual assault). We work with various campus and community partners to provide passive and active education about topics that include (but are not limited to) our Save a Seawolf campaign, bystander intervention, impacts of alcohol/drugs on our communities, consent, sexual misconduct, healthy relationships, pouring demonstrations, alternatives to drinking/drugging, healthy ways to approach life.

SSU Bystander Intervention Program

A bystander intervention training program that teaches students how to be an active bystander by using observation to recognize problematic behaviors, assume responsibility, determine ways to help and take action in a way that is safe for them. The training discusses the impact alcohol and or drugs may play in incidents of interpersonal violence. The training provides consent education and brings attention to CSU policy that states individuals incapacitated by alcohol or drugs are unable to provide consent for sexual activity.

[Aware, Awake, Alive Training](#)

In January 2014, Sonoma State University representatives attended the Chancellor's Office Aware, Awake, Alive program kickoff and began implementing the program soon after. To supplement the program, the Health Education team in the SHC produced banners, flyers, magnets, business cards, and hang tags illustrating signs of alcohol poisoning and safe ride information. This year, handouts were used to speak with students about underage alcohol use and/or alcohol misuse. These handouts were also posted in Residence Hall laundry rooms, while banners and flyers were displayed in the Student Health Center.

Residential Education Programming

Residential Education and Campus Housing (REACH) facilitated a total of 30 programs in the following categories (see Appendix A for program titles, dates, and sponsoring offices/organizations):

- Program Type
 - alcohol education
 - alcohol and sexual violence
 - marijuana
 - alcohol and drugs
 - alcohol, marijuana, tobacco
- Program Delivery
 - passive programs (surveys, flyers, tabling)
 - face-to-face programs

Monitoring and Enforcement of SSU's Alcohol and Other Drug (AOD) Policies

Sonoma State University Police Department and collaboration with other law enforcement agencies

Persons employed and compensated as members of the Sonoma State University Police Department, when so appointed and duly sworn, are peace officers pursuant to Penal Code § 830.2(c) .

The police department encourages accurate and prompt reporting of crime. All members of the Campus community are encouraged to promptly contact the Sonoma State University Police Department and/or other appropriate police agencies when they have been the victim of, or have witnessed criminal actions, including when the victim of crime elects to or is unable to make such a report.

The Sonoma State University Police department has written agreements with surrounding law enforcement agencies to share information and resources, monitor and record criminal activity by students at non-campus locations, and works closely with these agencies to respond to crime. When necessary, the department collaborates with state and federal agencies.

Additionally, the University maintains operational agreements/memorandums of understanding that comply with the Kristin Smart Campus Safety Act clarifying that the Sonoma State University Police Department is the primary law enforcement agency for all crimes occurring on the Sonoma State main campus and the Fairfield Osborn Preserve. Other University properties,

including the Los Guilicos Preserve in Santa Rosa, the Galbreath Preserve in Mendocino County, the Marina Crossing apartment building, and the land parcels at 5573 Petaluma Hill Road, are under the primary law enforcement jurisdiction of the local law enforcement agency. The department maintains a service for investigative services with the Sonoma County Sheriff's Department and may seek such service agreements from other local law enforcement agencies as needed.

The Sonoma State University Police Department strongly encourages immediate reports of crimes, emergencies, and/or suspicious, disturbing, or threatening behaviors by calling 9-1-1 or (707) 664-4444. Prompt reporting ensures an appropriate response, the consideration of the issuance of a Timely Warning or an Emergency Notification, and assists in properly gathering statistics. Crimes or incidents occurring outside of Sonoma State University Police Department jurisdiction should be reported immediately to the agency having jurisdiction where the incident occurred.

Sonoma State University has a 9-1-1 dispatch center, operated by the City of Cotati Police Department, and can receive calls from a cell phone, landline phone, text messaging, blue light phone, emergency call box, elevator phone or TDD machine 24 hours a day, 365 days a year.

For all non-emergencies and regular business, one should call police dispatch at 707-664-4444.

In addition to calling 9-1-1, Sonoma State University has implemented a text to 911 service that enables an individual to text "9-1-1" for emergency services. Text to 9-1-1 is capable of accepting Short Message Service (SMS) messages and

Real-Time Text (RTT) messages. This method of contacting 9-1-1 can be critical, and can save lives when a voice call to 9-1-1 is not possible, or may further endanger the caller. Texting to 9-1-1 should be used only when the caller cannot make a voice call to 9-1-1.

How to text 9-1-1 in an emergency:

- Enter the numbers "911" in the "To" field.
- The first text message to 9-1-1 should be brief and contain the location of the emergency and type of help needed.
- Push the "Send" button.
- Be prepared to answer questions and follow instructions from the 9-1-1 call taker.
- Text in simple words — do not use abbreviations.
- Keep text messages brief and concise.

Below are a few tips that are important to know if you need to text 9-1-1:

- Text location information is not equal to current location technology.

- As with all text messages, 9-1-1 messages can take longer to receive, can get out of order or may not be received.
- Text-to-9-1-1 is not available if you are roaming.
- A text or data plan is required to place a text-to-9-1-1.
- If texting to 9-1-1 is not available in your area or is temporarily unavailable, you will receive a message indicating that texting 9-1-1 is not available and to contact 9-1-1 by other means.
- Photos and videos cannot be sent to 9-1-1 at this time.
- Text-to-9-1-1 cannot include more than one person. Do not send your emergency text to anyone other than 9-1-1.
- Do not text and drive.

If a police report is necessary, a police officer will take a statement from those involved regarding the incident. The officer will ask questions to ascertain the facts to determine if a crime occurred, the nature of an incident, the identity of witnesses, suspects, evidence that needs to be gathered, if any weapons were used and any other relevant information needed. Be advised that questioning can be difficult, and depending on the crime a victim may have a support person of their choice present during the interview. If the crime did not occur within the jurisdiction of the University, an officer may notify the appropriate agency having jurisdiction on the victim's behalf or the victim may contact the proper law enforcement agency directly.

Under the circumstances prescribed in Government Code §7923.615(b)(1), information from police reports may be released. However, for certain crimes, a victim may desire to remain confidential pursuant to Penal Code §293, and as such, the department will withhold information that may identify the victim(s).

Campus Responsibility

Monitoring and enforcement of all policies, including the Sonoma State University Alcohol and Other Drug policies, are the responsibility of all employees, professional and student, including, but not limited to: Resident Advisors, Club Advisors, the Office of Student Conduct, Sonoma State University Police Department, Conference and Event Services, Human Resources, etc. Oversight, administration, and discipline regarding the Alcohol and Other Drug policy falls upon the Office of the Vice President for Student Affairs for students, and Human Resources for employees.

Oversight, Administration, and Discipline

Oversight, administration, and discipline regarding the Alcohol and Other Drug policy falls upon the Office of the Vice President for Student Affairs for students, and Human Resources for employees.

Statement of AOD Program Goals and a Discussion of Goal Achievement

The AOD Prevention Committee supports the mission of the University by promoting healthy choices and reducing the harmful effects caused by abusing alcohol, tobacco and other drugs. Program goals focus on creating a campus community that is cognizant of the various risks and negative impacts of alcohol and other drugs, to educate the community on various policies and laws surrounding alcohol and other drug use and abuse, and to create community support and resources for individuals who may have concerns about behaviors related to the use and/or abuse of alcohol and other drugs. The University will adjudicate violations of our alcohol, drug, smoke, tobacco, and vape policies, in addition Sonoma State University is a drug, smoke, tobacco, and vape free campus. Notification is distributed by University email (Appendix G). Alcohol is not allowed at University sponsored events, unless approved by The Office of the President. The AOD Committee continues to support the University mission and to further educate the community.

Purpose, Charge, and Goals & Achievement

Purpose

To promote wellbeing and student success by creating an environment in the SSU community that supports informed, lawful wise decision-making and behavior related to alcohol and other drug use.

Charge

An advisory to the Vice President for Student Affairs with regard to student substance use/misuse/abuse with the intention of promoting:

- a safe living, learning, and working environment.
- the use of critical thinking skills, self-awareness and personal/community responsibility.
- healthy lifestyle choices and behaviors regarding alcohol and other drugs.
- the collective alcohol and other drug educational resources available to SSU students.

Goals and Discussion of Goal Achievement

Goal 1: Create and publish a list of on and off campus AOD resources

- Status: Completed
- Published on the Office of the Vice President for Student Affairs [website](#)

Goal 2: Explore and identify at risk groups and provide targeted education

- Status: In process
- Currently in the process of continuing to identify at risk groups through the eCheckup-to-go

Goal 3: Educate and support identified high risk groups through intentionally designed outreach

- Status: Completed/Ongoing
- Currently identified groups: student athletes, fraternities and sororities, first year students, and sport clubs.
- Identified groups have received specialized education and prevention training (Appendix A)

Goal 4: Provide alcohol and other drug education, support, and accountability in an in-person and/or virtual environment.

- Status: Ongoing
- Alcohol and drug education is available both in-person and virtual for all students.

Goal 5: Create more of an authentic culture around the realities of alcohol on our campus (Culture is identified as: the rights, responsibilities, bystander intervention, the effects and affects of alcohol on ourselves and others).

- Status: In process
- This goal is currently being assessed for strategic planning

Goal 6: Provide periodic reports regarding program attendance, alcohol and drug use data reported by SSU students, etc.

- Status: Completed/Ongoing
- The goal is evidenced by reports from AOD Committee, eCheckup-to-Go analytics and Maxient analytics for alcohol and drug incidents.

Goal 7: Create a protocol and process related to education of the dangers of fentanyl, the availability of Narcan, distribution of Narcan, locations where Narcan would be available, and provide Narcan education and resources to students interested in being

peer-to-peer educators. Additionally, fentanyl test strips are available available at all of those locations.

- Status: Completed/Ongoing
- A committee of campus partners was created to establish a protocol for the availability of Narcan that was in compliance with AB1841, AB461, SB234, and AB1166. Narcan is located in the Student Center (front desk), Campus Rec Center (front desk), Student Health Center, Noma Cares Central, Green Music Center, Counseling and Psychological Services, the Fieldhouse (Intercollegiate Athletics), and student housing (Resident Advisor and Area Coordinator duty bags).

AOD Program Strengths and Weaknesses

Strengths

Tri-Community Coalition

This monthly meeting consists of the Chiefs of Police of SSU, Rohnert Park, Cotati, and representatives from SSU Student Affairs, the local high school (that backs up to the SSU Residential Community), local housing representatives and the Sonoma County Department of Public Health and Code Compliance. The focus is on alcohol and noise related community issues, educational partnerships and environmental strategies.

NOMA NATION New Student and Parent Orientation

Alcohol, sexual misconduct, and the use and misuse of illegal substances and prescribed drugs is addressed in presentations to both student and parent groups and, time permitting, during the Student Health Center, Counseling and Psychological Services, and Campus Life portions of new student orientation presentations along with scheduled or impromptu tours of the Student Health Center, Housing facilities, etc. The students also participated in an Interactive Theatre Production, which focuses on alcohol and drug use, sexual misconduct and bystander Intervention. Lastly, during the opening time with their Summer Orientation Leader, they sign a pledge to not drink or use drugs during the Summer Orientation session. This past fall, we hosted a speaker, Michelle Leopold, who shared her story of the death of her son, Trevor, who died of an accidental fentanyl overdose on campus several years ago.

Partnership with Rohnert Park, and Cotati Police Departments

We work with the Police Departments from Rohnert Park, Cotati and Sonoma State University in a couple different ways. One way is that we invite them into our Fraternity and Sorority Life President Meetings, once a semester, so they can share information about how to be good neighbors in the communities and talk about issues and answer questions. We also have a great relationship with both PDs, and work together to confront/carefront issues that may come up in the community between students and non-student community members. Some of these issues relate to alcohol and other drug use or parties, while other issues relate to noise, upkeep of property, or other violations of city/county ordinances. It has been a very successful partnership. They are always first to volunteer to do educational/social events like our Beer Goggle Mario Kart Tournament that educate our students about the effects of driving under the influence, while having fun with the students, or by tabling and educating about the effects of Fentanyl or other drugs at our Save A Seawolf Fair.

Student Involvement

All SSU Recognized Student Organizations (RSOs) must participate in the chartering process. Each RSO must send the elected/nominated President and Treasurer to one in-person chartering meeting. The CSU Alcohol Policy is reviewed with all students in attendance. Presentations also include the relationship of alcohol to RSOs, (for both on and off campus events), member safety, and RSO judicial responsibility. Chartering meetings occur in September thru December and April of each academic year. We also include alcohol and drug education, (as well as bystander intervention training with Sport Clubs) in our semesterly training with our RSOs.

In addition to managing the RSOs, Student Involvement (SI) also produces and co-produces a variety of events, and passive print and digital collateral, that support the alcohol and other drugs, as well as sexual misconduct, bystander intervention education, Save a Seawolf efforts on campus. Some of these events include National Collegiate Alcohol Awareness Week, Sexual Assault Awareness Month, and education before the December holidays/break about the effects of drinking and distracted driving. SI also works with various campus partners to ensure that, throughout the entire year, attention is focused on these issues by doing one-off events, hosting alcohol and drug awareness speakers (i.e. Gregg Adams and Jackson Katz), poster and screen campaigns, as well as includes the campus alcohol, other drug and Title IX resources in the various resource fairs throughout the opening 6 weeks (health and wellness fair, academic resource fair, spirituality fair and club fairs). Lastly, SI teams up with our REACH staff to provide weekend alternative programming in the form of weekly Friday and Saturday night events, as well as weekend trips, films and other events supporting athletics, the SSU theater department and RSO sponsored events.

Fraternity and Sorority Life New Member Education

Annually, once new members are selected, Fraternity and Sorority Life (FSL) hosts an educational session for new members of the FSL community. The program includes education in the areas of alcohol and other drugs, campus policies, hazing, bystander intervention, sexual misconduct training, campus and local resources and much more. Topics are typically presented by the FSL Advisor, Confidential Advocacy, The Office of the Prevention of Harassment & Discrimination, and other campus partners.

Fraternity and Sorority Chapter Training and Education Sessions

Annually, every chapter is required to complete an alcohol and other drug workshop in their chapter meeting. It can be hosted by their national organization or a local campus or community partner. Every member of a recognized fraternity or sorority is also required to complete additional Title IX training beyond the undergraduate requirement. This can be completed in a

chapter meeting or individuals can select one of the make-up sessions to attend. All trainings are hosted by The Office of the Prevention of Harassment & Discrimination. Prior to the start of each academic semester, two members of each FSL executive board are required to attend the FSL Leadership Conference. The leadership conference includes reviewing the policies, procedures, accreditation, and preparing each chapter executive board for the semester ahead.

Fraternity and Sorority President Meetings

Fraternity and Sorority Life (FSL) hosts mandatory monthly President Meetings for all chapters. During these meetings, campus and community partners are invited to share resources and programs. The topics vary based on the current needs of the FSL community, however, they are typically based on strengthening and expanding our efforts and internal processes as well as the health and safety of the community. There is also time built in for student leaders to get to know each other and have discussions based on challenges or opportunities within the FSL community.

Weaknesses

One of the goals for the AOD Workgroup was not completed, “Create more of an authentic culture around the realities of alcohol on our campus (Culture is identified as: the rights, responsibilities, bystander intervention, the effects and affects of alcohol on ourselves and others).” While this goal is in process, we do not have all of the information needed to make informed decisions regarding next steps. We are making strides and reviewing this topic and plan to report on our progress in the future.

Despite various efforts for programming at the time of this review period, there is no clear data to assess the effectiveness of programs. The AOD Workgroup plans to request assistance to formally assess some of our programs. This will assist in establishing how the AOD Workgroup could use these standards as a best practice guide for further educational developments.

- We currently address marijuana, opioids and the risks of fentanyl to an extent, however, given the nature of the increased problems with fentanyl and opioids in the nation, we plan to increase programming around these issues.
- We still do not have a full time, on campus, staff person who addresses the issues proactively and/or reactively. This initiative would be better served by a dedicated person whose role is to be a resource for students who aren't in trouble but struggle with alcohol and other drug addictions/recovery/family members/roommates, etc.

Annual Clery Alcohol and Other Drug Statistics

Arrests for Drug Law Violations

Year	Campus Residential	Campus Total	Noncampus	Public Property
2021	0	3	0	1
2022	0	4	0	0
2023	1	2	0	0

Arrests for Liquor Law Violations

Year	Campus Residential	Campus Total	Noncampus	Public Property
2021	0	1	0	0
2022	0	0	0	0
2023	0	0	0	0

Referrals to Disciplinary Action for Drug Law Violations

Year	Campus Residential	Campus Total	Noncampus	Public Property
2021	0	0	0	0
2022	4	4	0	0
2023	1	2	0	0

Referrals to Disciplinary Action for Liquor Law Violations

Year	Campus Residential	Campus Total	Noncampus	Public Property
2021	0	0	0	0
2022	4	4	0	0
2023	1	2	0	0

Policies Distributed to Students and Employees

Sonoma State University (SSU) complies with the Drug Free Workplace Act of 1990 and the Higher Education Act, Section 120(a) addressing drug and alcohol abuse prevention. SSU recognizes that drug and alcohol abuse/misuse is not conducive to the mission of the University and is actively committed to education and prevention for students and employees.

All University students, faculty members, and staff are subject to local state and federal laws regarding the unlawful possession, distribution, or use of alcohol and illegal drugs. Violators are subject to University discipline, criminal prosecution and/or removal from University housing. The unlawful manufacture, distribution, dispensing, possession or use of illegal drugs on the University campus or at any University-sponsored event off-campus is also prohibited.

The Drug and Alcohol Abuse Prevention Programs (DAAPP) Annual Notification (Appendix A and B) is distributed via University email to all students and employees once every semester, including Fall, Spring, and Summer terms. This ensures that each student and employee receives the notification as they join the campus community. The most recent DAAPP is also available for review online at the [Division of Student Affairs Webpage](#).

The following sections describe applicable policies and regulations related to the abuse/misuse of alcohol and other drugs.

Sonoma State University Alcoholic Beverages Policy No. 1985-1

The possession, consumption or sale of alcoholic beverages on campus is prohibited unless approved by the President of the University or his official designee.

<https://www.sonoma.edu/policies/alcoholic-beverages>

Departments, groups, organizations, or the Person in Charge found to be in violation of the Campus Alcohol Policy may lose the privilege at future events and are subject to university disciplinary action and/or civil penalties for which there is no established maximum.

Sonoma State University Drug-Free Workplace Policy No. 1989-1

It is the goal of Sonoma State University to maintain a drug-free workplace. To that end, and in compliance with the Drug-Free Workplace Act of 1988 (Public Laws 100-440 and 100-690), the University has adopted the following policies:

1. The unlawful manufacture, distribution, dispensing, possession, or use of controlled substances is prohibited in the workplace.
2. Employees who violate this prohibition (paragraph 1) are subject to corrective or disciplinary action as deemed appropriate, up to and including termination.
3. As an on-going condition of employment, employees are required to abide by this prohibition (paragraph 1); and to notify the campus Office of Human Resources of any

criminal drug statute conviction they receive for a violation occurring in the workplace. Notification must be provided no later than five days after such a conviction.

4. If an employee receives such a conviction (paragraph 3), the University shall:
 - a. take appropriate personnel action against the employee, up to and including termination and the loss of University-controlled housing; or
 - b. require the employee to participate satisfactorily in an approved drug-abuse assistance or rehabilitation program.
5. The University regularly offers drug-awareness programs and activities for employees, including new-employee orientations, articles in campus publications, training and development courses, and lectures and workshops. In addition, through the Office of Human Resources the University makes available to employees information about drug counseling, rehabilitation, and employee assistance programs.
<https://www.sonoma.edu/policies/drug-free-workplace>

University Alcohol Beverage Policy

The possession, consumption or sale of alcoholic beverages on campus is prohibited unless approved by the President of the University or his official designee.

1. Definitions
 - a. "Alcoholic beverage" includes alcohol, spirits, liquor, wine, beer, and every liquid or solid containing alcohol, spirits, wine or beer, and which contains one-half of 1 percent or more of alcohol by volume and which is fit for beverage purposes either alone or when diluted, mixed, or combined with other substances." (Business and Professions Code, Section 23004, "Alcoholic Beverage Control Act")
 - b. "Sell" or "sale" and "to sell" includes any transaction whereby, for any consideration, title to alcoholic beverages is transferred from one person to another, and includes the delivery of alcoholic beverages pursuant to an order placed for the purchase of such beverages and soliciting or receiving an order for such beverages, but does not include the return of alcoholic beverages by a licensee to the licensee from whom such beverages were purchased. (Business and Professions Code, Section 23025, "Alcoholic Beverage Control Act")
 - c. "Serve" is defined as "to act as a host or hostess in offering (a person) a portion of food or drink".
2. Sale and Service of Alcoholic Beverages
Permission to sell and serve alcoholic beverages on campus is limited solely to the recognized campus food service agent. Exception to the service (not sales) of alcohol may be granted to closed campus organization events (ie., Departmental potlucks, see Procedures).
3. Use of Alcoholic Beverages
 - a. General. The sale and service of alcoholic beverages shall:

- i. Follow all applicable laws, rules, regulations and policies.
- ii. Be sold or served in a responsible and appropriate manner.
- iii. Only occur after 11am and shall end no later than 12am. Sale and service of alcohol outside of this time frame will require Presidential approval.
- iv. Not be consumed in public, on the campus without the appropriate approvals (see Procedures).
- v. Be served only by individuals who have received the appropriate training before sale or service.

Campus Organizations. Recognized campus clubs and organizations and recognized auxiliaries may be granted permission to serve alcoholic beverages at approved campus functions in designated areas. Requests to serve alcoholic beverages must be submitted in accordance with approved procedures (see below, 5. Procedures), and are subject to the following conditions:

- vi. Consumption of alcoholic beverages is restricted to beer and wine or, within the Green Music Center facility, beer, wine and spirits.
 - vii. Alcoholic beverages shall be served only during the times and in the area approved by the President or his official designee.
 - viii. Attendance at the event shall be limited to members of the sponsoring organization and their invited guests.
 - ix. Publicity for the event shall not emphasize the availability of alcohol.
 - x. A member of the sponsoring organization shall be assigned the responsibility of ensuring compliance with all applicable provisions of this policy, appropriate campus regulations, and the laws of the State of California. The faculty advisor or an appropriate university official will be required to be the supervising individual for student organizations.
 - xi. All events serving alcoholic beverages must also serve sufficient quantities of non-alcoholic beverages and food.
 - xii. A club or organization sponsoring an event at which alcoholic beverages are served by the organization may not require those attending the event to pay money -- including buying raffle tickets, tokens, admission tickets.
 - xiii. Student Clubs shall also follow any Campus Life policies and/or procedures that govern student organizations.
 - xiv. Residential Community. The Residential Community is subject to all procedures and requirements outlined in this policy statement as well as any additional requirements specified by approved housing policies and regulations.
- b. Off-Campus Organizations or Individuals. Off-campus organizations or individuals who have arranged to utilize university facilities must use the recognized campus food service agent to serve all alcoholic beverages. The Founder's Room at the Green Music Center is exempt due to a prior contractual agreement.

4. Sanctions

- a. California State law authorizes severe criminal sanctions for persons under 21 years of age who possess or consume alcoholic beverages.
 - b. Similar criminal sanctions may also be imposed upon anyone who provides or furnishes an alcoholic beverage to a person under 21 years of age. (Alcoholic Beverage Control Act; Sections 25658, 25660.5, 25661, 25662, and 25665.) The Department of Police and Parking Services will review these provisions with anyone requesting permission to serve alcoholic beverages at campus events.
 - c. Violation of either the laws of the State of California or this University policy by a student or university employee makes him/her subject to disciplinary sanctions described in the California Education Code and Title 5, California Administrative Code.
 - d. Additional sanctions may be imposed upon the sponsoring organization after notice and hearing. Sanctions may range from the suspension of the organization's privilege to use campus facilities through complete withdrawal of University "recognized" status.
5. Procedures
- a. The organization or individual sponsoring a campus event where alcohol will be served must first receive preliminary University approval for the proposed event. The Request for Use of University Facilities is required for all events.
 - b. The Request for Permission to Serve Alcoholic Beverages must be completed, including all signatures of authorization (as noted below), for campus organizations requesting to serve their own alcohol (as outlined in Section 3, A).
 - c. For all events, all forms must be completed and submitted to the Events Office at least 30 days prior to the event.
 - d. Officer/Staff Requests are required for all student events with alcohol and any event where 100 or more persons are expected to attend and alcohol is served.
 - e. Authorizing offices are:
 - i. For all student requests, the Vice President for Student Affairs;
 - ii. For faculty organizations and departments wishing to serve their own alcohol, the appropriate Department Chair or Supervisor; and
 - iii. For auxiliary organizations wishing to serve their own alcohol, their Director.
 - iv. Copies of this policy and the necessary forms are available in the Student Resource Center, Office of University Police, and the Events Office.

Hospitality Expense Policy

Hospitality expenses may be paid from various fund sources, subject to the rules outlined below and the restrictions identified in Table 1.

Lottery funds shall be used exclusively for the education of students and are not to be used for any non-instructional purpose and thus cannot be used for hospitality.

The following restrictions apply to the use of the CSU Operating Fund:

- CSU Operating Fund may not be used to pay for alcoholic beverages, entertainment services, or memberships in social organizations.
- CSU Operating Fund may not be used to pay for any expenditure prohibited by applicable laws, regulations, or agreements including the California Budget Act.

Intercollegiate Athletics Policy on AOD Violations and Testing

SSU's Intercollegiate Athletics refer to the NCAA policy on AOD expectations, and testing. That information can be found here:

<https://www.ncaa.org/sports/2016/7/20/ncaa-drug-testing-program.aspx>

Residential Education & Campus Housing (REACH) General Regulations

The following regulations are in support of a safe environment regarding alcohol use within the Residential Community:

If you are under the age of 21

You and your guest(s), even if they are over the age of 21, may not possess alcohol in the Residential Community. No alcohol or alcohol containers are allowed in any apartment/suite in which all residents of that apartment/suite are under the age of 21 (designated under-21 space).

If you are age 21 or over

You may possess and use alcohol only in your own residential space or a space where other of-age persons reside (designated 21+ space). There should only be one legal drink serving open per of-age person at any given time. Alcohol and/or alcohol containers should not be visible from the outside of the apartment or living space. All empty alcohol containers should be disposed of in recycling bins.

Alcohol Violations

The following are considered alcohol violations for a resident of any age.

- Hosting or presence at a gathering in the Residential Community where alcohol violations occur.
- Alcohol possession, consumption, or distribution that contributes to a potentially high-risk situation. A high-risk situation is defined as any action, behavior, or conduct which poses detrimental consequences to an individual, community member, or University property as a result of alcohol.
- Possession of mass consumption or common source containers or devices such as kegs, beer bongs, or funnels.

- Possession or consumption of alcohol by any persons under the age of 21.
- Provision of alcohol to a person under the age of 21.
- Display of empty alcohol containers, including empty boxes.
- Possession of any empty alcohol containers by any persons under the age of 21.
- Use or possession of alcohol in any public area including outdoors, a pool area, common areas, balconies, patios, stairwells, and residential parking lots.
- Display of items that can be viewed from outside that promote or advertise alcohol.
- Being unable to care for self or others as a result of alcohol consumption.
- Exceeding the number of allowable drink servings for those 21 or older.
- Participation in drinking games, simulated drinking games, or possession of drinking game equipment/paraphernalia.

REACH Alcohol/Drunk Student Protocol

Alcohol (Intoxication Poisoning)

Procedure

1. Gather information. Confirm RA actions. Do your best to find out where it was consumed, how much, when, where they got it, etc.
2. If there is a possibility that the resident is suffering from alcohol poisoning, **University Police must be called to do an assessment of their condition.**
 - a. Signs of alcohol poisoning: mental confusion; cold, clammy and unusually pale or bluish skin; unresponsive or unable to be wakened; slow, irregular breathing; vomiting.
3. Go immediately to the location of the student. Call University Police.
4. Assist paramedics and University Police as needed.

If University Police determine that no medical transport is needed:

- The incident should still be documented.
- While University Police may ask a friend to stay with the resident, REACH staff should NOT assume responsibility to monitor resident.

If University Police determine that medical transport is needed:

5. Get a case number from University Police and find out what hospital the resident is being taken to.
6. Find out if a friend will meet them at the hospital. *AC does not go to the hospital.*
7. Call Admin On-Call. Provide information about transport.
8. Write re-entry letter (procedure and template on p. 63) to deliver immediately.
9. Email Critical Incident Summary Form (procedure on p. 25).
10. RA writes IR.

REACH staff are never to assess whether a student is well enough to be left alone. If they are vomiting, call University Police to assess.

RA Actions

- What is the status of the resident?
- Did you call University Police? University Police should be called to make an assessment.
- Make sure you get a case number from Police.
- Write your incident report ASAP!

AC Actions

- Go to the location if signs of alcohol poisoning.
- Call University Police.
- Call Admin On-Call, if resident is transported or situation warrants a phone call.
- Check in with RA to see if they need any assistance or information to write IR.
- Are there bodily fluids that need to be cleaned up? Call Central Plant or HOM.
- If transported, follow Critical Incident Summary procedure on p. 25
- If student was transported, follow re-entry process on p. 63.

Admin Actions

- Have AC complete Critical Incident Summary procedure on p. 25.

Smoking and Tobacco-Free Policy

To provide a safe and healthy environment for all of our faculty, staff and students, the university maintains a smoke and tobacco-free environment. That policy can be found [here](#).

Student Conduct

Title V of the California Code of Regulations, as it relates to the Standards for Student Conduct, stipulates that students found in violation of the Alcohol Policy are subject to expulsion, suspension, probation or a lesser sanction as determined by the disciplinary hearing process. The code governing student conduct may be found on the [Office of Student Conduct](http://studentaffairs.sonoma.edu/student-resources/student-conduct) website at <http://studentaffairs.sonoma.edu/student-resources/student-conduct>.

Recommendations for Revising AOD Programs

- As part of the eCheckup-to-Go program, Sonoma State is able to conduct longitudinal assessments of our students and alcohol, as well as comparisons with other universities of our choice as well as other universities within our Carnegie classification.
- Full time health promotion team member - currently the Student Health Center has a part-time person in this position, but would benefit from having a full time person to champion AOD services as part of their role, and convene campus resources.
- In an effort to improve the quality of the interventions provided to students, the Student Conduct team will be working toward implementing AOD evaluations for all students found in violation of the University's alcohol and drug policies beginning January 2023. This change is designed to ensure that the interventions that students receive are appropriate for their individual substance use behaviors, and not simply limited to the committed violation itself. We are hopeful that this targeted response and treatment approach may contribute to a decline in recidivism within our conduct system.
- There is currently not a campus specific policy which addresses alcohol use by students not on the residential campus. The CSU has an overarching policy, but we will be creating a campus specific policy that better explains the University's expectations related to AOD at SSU.
- The University is committed to enhancing the variety and number of programs available to employees to help address substance use. In addition to increasing the number of programs, we will be increasing our efforts to gather additional information on the utilization of these programs.

We are confident that by addressing the aforementioned goals, we will greatly enhance our efforts to address and prevent substance use at Sonoma State University.

Appendix A. AOD Programming

SPRING 2022			
DATE	MODE	PROGRAMS FOR Spring 2022 TOPIC / TITLE	CLERY CATEGORY
1/25/2022	Virtual	Sex Trafficking Awareness and Prevention	Sexual Misconduct
1/25/22	Virtual	Staying Safe When Stalking Goes Digital (Stalking awareness month event)	Digital Stalking Education
1/26/22	Virtual/In Person	Human Trafficking Survivors Speaking Their Truth and Awareness of Trafficking in Sonoma County (Trafficking Awareness Month event)	Trafficking Awareness
1/27/22	Virtual/In Person	Healthy Relationships One Love Foundation	Healthy Relationships
2/1/22	Virtual	Who's Got Game? Policy Review	Policy
2/15/22	Virtual	Community Policy Review	Safety
2/27/2022	In Person	Denim Day	Sexual Misconduct
3/15/22	Virtual/In Person	EveryBODY: A Body Positivity Event (respecting your body. Consent is included)	Body Positivity/consent
3/16/22	In Person	Sex and Candy: Sex Education	Sexual Misconduct
4/5/22	In Person	SAAM Day of Action	Sexual Misconduct
4/5/22	Virtual/In Person	Bystander Intervention Training =Presenter SSU Title IX & Discrimination, Harassment, Retaliation Compliance Investigation and Training Specialists	Sexual Misconduct
4/5/22	Virtual/In Person	Sexual Assault Awareness Month - SAAM DAY OF ACTION – WEAR TEAL	Tabling/Campus Fair
4/7/22	Virtual/In Person	Survivor Centered Dialogue (social justice week event)	Workshop
4/21/22	In Person	Sex and Candy: Sex Education	Sexual Misconduct
4/7 - 4/9/22	Virtual/In Person	SSU's THE VAGINA MONOLOGUES	Body Positivity/consent

Fall 2022

PROGRAMS FOR FALL 2022 TOPIC /			
DATE	MODE	TITLE	CLERY CATEGORY
8/22/22	Virtual	Policy Meeting	Policy
8/23/22	Virtual	Policy Meeting	Policy
8/24/22	Virtual	Policy Meeting	Policy
9/2/22	Bulletin Board	Boo! Hangover	Alcohol
9/2/22	Bulletin Board	Who you going to call?	Safety
9/2/22	Bulletin Board	A Shot of Information	Alcohol
9/2/22	Bulletin Board	You are not alone- Suicide Prevention	Safety
9/8/22	In Person	Alcohol Awareness Event	Alcohol
9/8/22	In Person	Drunk Driving Awareness Event	Alcohol
9/9/22	In Person	Rethink Your Drink	Alcohol
9/13/22	In Person	Safe SSU Fair	Alcohol
9/14/22	In Person	Seawolf Academic and College Success Fair	Alcohol
9/16/22	In Person	Alcohol and Drug Awareness with Juli and Mia	Alcohol
9/16/22	In Person	You Booze You Lose	Alcohol
9/16/22	In Person	Dangers of Pills and Potions	Drug
9/20/22	In Person	Bad + Boozy: Rethink Your Drink	Alcohol
9/20/22	In Person	Slice of Awareness	Alcohol
9/22/22	In Person	Mocktail Madness	Alcohol
9/27/22	In Person	How Well Do You Know Alcohol?	Alcohol
9/29/22	In Person	Mario Cart: Dangers of Drinking and Driving	Alcohol
9/29/22	In Person	Rethink Your Drink	Alcohol
10/3/22	Bulletin Board	Keep it Spooky, Keep It safe	Safety
10/3	Bulletin Board	Avoid a Spooky Situation	Safety
10/5/22	In Person	Seawolf Health and Wellness Fair	Safety
10/7/22	Bulletin Board	Safe Sex Practices	Sexual Misconduct
10/13/22	In Person	Safe Sex with Your Bone Buddy	Sexual Misconduct
10/24/22	Passive Education/In Person	Red flag passive display with education. 10/24-28/22	Alcohol
10/24/22	In Person	Save A Seawolf Alcohol Awareness Week Crashed Car Display. 10/24-28/22	Alcohol

10/24/22	In Person	National Collegiate Alcohol Awareness Week: Alternative to Alcohol Events and Activities - various events throughout the week to highlight substance free things to do - sporting events, movies, Friday night events, Saturday night crafts, crafts etc. 10/24-28/22	Alcohol
10/25/22	In Person	<i>Violence and Silence - Working Together to End Interpersonal & Sexual Violence, A Multimedia Presentation Featuring Jackson Katz, Ph.D.</i>	Sexual Misconduct
10/27/22	In Person	Speaker Gregg Adams "How Reflect, Connect and Select Brought Me Home from A Crossroads"	Safety
11/03/22	in Person	Empowered self defense workshop	Safety
11/14/22	In Person	Confidential Advocacy	Sexual Misconduct
11/18/22	In Person	Bae-Goals	Sexual Misconduct
12/8/22	In Person	Healthy Relationships with CAPs	Sexual Misconduct

SPRING 23

DATE	MODE	PROGRAM TITLE	CLERY CATEGORY
1/24/23	Virtual	Know It, Name It. Stop It (Stalking awareness month event)	Digital Stalking Education
1/25/23	In-Person	Human Trafficking Survivors Speaking Their Truth and Awareness of Trafficking in Sonoma County (Trafficking Awareness Month event)	Trafficking Awareness
3/16/23	In-Person	EveryBODY: A Body Positivity Event (respecting your body. Consent is included)	Body Positivity/consent
3/6/23	In-Person	One Pill Can Kill	AOD
3/14/23	In-Person	Poisoned: Crisis In America Film Screening and Discussion.	AOD
3/28/23	In-Person	Pot, Behavior and the Brain	AOD
3/28/23	In-Person	A Better High	AOD
3/29/23	In-Person	Purified By The Flame	Trafficking Awareness

4/4/23	In-Person	Bystander Intervention Training =Presenter SSU Title IX & Discrimination, Harassment, Retaliation Compliance Investigation and Training Specialists	Sexual Misconduct
4/5/23	In-Person	Sexual Assault Awareness Month - SAAM DAY OF ACTION – WEAR TEAL	Sexual Misconduct
4/26/23	In-Person	Denim Day Tabling	Sexual Misconduct
4/27/23	In-Person	Take Back the Night	Sexual Misconduct

Fall 2023

DATE	MODE	PROGRAM TITLE	CLERY CATEGORY
8/17/2023	In-Person	Sexual Assault/Consent/bystander	Sexual Assault Prevention and Education
8/17/2023	In-Person	One Pill Can Kill and Alcohol Ed speaker Michelle Leopold	AOD
8/20/2023	In-Person	GREGG Adams	AOD messaging
9/23/2023	In-Person	Narcan Trainings	AOD - Fentanyl
9/13/2023	In-Person	Safe SSU Fair	Sexual Assault/AOD/other
9/20/2023	In-Person	Academic Success Fair	Sexual Assault/AOD/other
9/27/2023	In-Person	Health and Well being Fair	Healthy Relationships, Trafficking Education, AOD, Sexual Misconduct, Safety (Campus Fair)
10/1/2023	In-Person	DVAM passive info and bystander	Sexual Misconduct
10/24-26/2023	In-Person	Red flag passive display with education	AOD
10/23 - 31/2023	In-Person	Alternative to Alcohol Events and Activities - various events throughout the week to highlight sub free things to do - sporting events, movie, friday night events, sat. night crafts, crafts etc... Alcohol Awareness Week Red Flag Display Arrive Alive Drunk, drugged, distracted Driving Simulator	AOD
10/24 & 26/2023	In-Person	Narcan Trainings	AOD

10/24-26/2023	In-Person	Save A Seawolf Alcohol Awareness Week Crashed Car Display	AOD
10/25/2023	In-Person	Save A Seawolf Alcohol and Other Drug Awareness Fair	AOD
11/20/2023	Virtual	Special Guest Presentation about Drug use in Sonoma County w/ Kristine Marbach from Millennium Health	AOD

Appendix B. Vaping Information

VAPING

Vaping devices are battery-operated devices that people use to inhale an aerosol, which typically contains nicotine or marijuana, flavorings, and other chemicals

RESOURCES
SSU Counseling & Psychological Services
Salazar Hall 17A
8am-4pm (Mon), 8am-5pm (Tue-Fri)
#707.664.2153 (24hr)

SSU Student Health Center
8am-5pm (Mon-Th), 9:30am-5pm (Fri)
#707.664.2921



PHYSICAL & MENTAL HEALTH IMPACT

- Paranoia
- Anxiety
- Panic Attacks
- Hallucinations
- Increase in Heart Rate & Blood Pressure
- Symptoms of Withdrawal & Addiction
- Negative Effect on Attention, Memory, and Learning Skills
- Severe Lung Infection

PREVENTION
DRUG ENFORCEMENT ADMINISTRATION (DEA) WWW.DEA.GOV
WWW.CAMPUSDRUGPREVENTION.GOV

CENTER FOR DISEASE CONTROL & PREVENTION (CDC) WWW.CDC.GOV/TOBACCO/INDEX.HTM


NATIONAL INSTITUTE ON DRUG ABUSE WWW.DRUGABUSE.GOV

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STUDENTS WHO USE MARIJUANA OR NICOTINE CONCENTRATES ARE MORE LIKELY NOT TO FINISH HIGH SCHOOL OR GET A COLLEGE DEGREE, COMPARED TO THOSE WHO DON'T

PREVENTION
DRUG ENFORCEMENT ADMINISTRATION (DEA) WWW.DEA.GOV
WWW.CAMPUSDRUGPREVENTION.GOV

CENTER FOR DISEASE CONTROL & PREVENTION (CDC) WWW.CDC.GOV/TOBACCO/INDEX.HTM

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SINCE AUG 2019, 2,711 PEOPLE HAVE BEEN HOSPITALIZED OR DIED FROM THE USE OF VAPING PRODUCTS. OF THOSE HOSPITALIZED, RANGING FROM 13-85 YEARS, 37% OF THE PATIENTS WERE 18-24 YEARS OLD

PREVENTION
DRUG ENFORCEMENT ADMINISTRATION (DEA) WWW.DEA.GOV
WWW.CAMPUSDRUGPREVENTION.GOV
CENTER FOR DISEASE CONTROL & PREVENTION (CDC) WWW.CDC.GOV/TOBACCO/INDEX.HTM
NATIONAL INSTITUTE ON DRUG ABUSE WWW.DRUGABUSE.GOV

Appendix C. Passive and Promotional Collateral

Alcohol

Affects people differently based on age, sex, weight, type & number of drinks and times elapsed

1 out of 5 college students drinks alcohol

1

It takes an hour for your body to process 1 ounce of alcohol

In 4 students report academic consequences from drinking

Responsible Drinking

A Standard Drink

- 12 oz of beer
- 5 oz of wine
- 1.5 oz of 40% alcohol

Drinking Limits

- 7 drinks (week) for females (no more than 3 per day)
- 14 drinks (week) for males (no more than five drinks per day)
- Plan non-drinking activities to avoid developing a habit
- Make adjustments considering your age and body weight

Drink in a glass that is smaller and with proper carbonation to not drink.

Regulate food intake and while you're drinking.

Never mix alcohol and drugs.

Know your body.

Use a safe and sober ride home.

Pace yourself (no more than 3 drinks/3 hours)

Marijuana

SCHEDULE I SUBSTANCE

Federally Marijuana is a Schedule 1 controlled substance

This Includes College Campuses

Users are much more likely to drop out of school

3 to 7 times more likely to cause a car accident

Responsible Usage

Standardized Dosage Guide

Flower: 10% - 25% THC

Keef: 35% - 45% THC

Extract: 60% - 80% THC

Health Implications

- Marijuana smoke irritates and affects lungs
- The damage increases chances for bronchitis and lung infections.

More research is needed to link these effects to Lung Cancer

Tobacco

Tobacco is the leading preventable cause of death in the world today

Contains **4,000** different chemicals including nicotine, which is highly addictive

Your Body after you STOP SMOKING

After 20 Minutes

- Blood pressure goes down
- Heart rate goes down

After 24 Hours

- Heart attack risk is lower

After 72 Hours

- Bronchial tubes start to relax
- Easier to breathe

After 1 Year

- Heart disease risk cut in half

After 10 Years

- Lung cancer risk cut in half

After 8 Hours

- Blood carbon monoxide levels return to normal
- Blood oxygen levels go up

After 48 Hours

- Body becomes free of nicotine
- Sense of taste and smell begin to improve

After 2-13 Weeks

- Blood circulates
- Exercise is easier

After 5 Years

- Stroke risk same as non-smoker
- Cancer risk of throat, esophagus and bladder cut in half

Passive Alcohol Education – Back the Pack Campaign

#BACKTHEPACKSSU
IT'S ALL ABOUT THE CHOICES
CHOICES TO DRINK OR NOT DRINK,
CHOICES TO INTERVENE WHEN A SEAWOLF
MAY BE IN TROUBLE

REMINDE THEM NOT TO GO HOME WITH SOMEONE FROM A PARTY WHEN THEY HAVE BEEN DRINKING

OFFER TO BE THE DESIGNATED DRIVER

CALL FOR HELP IF THEY ARE UNRESPONSIVE OR PASSED OUT

ALL OF THESE ARE WAYS THAT YOU CAN SHOW YOU HAVE YOUR FRIEND'S BACKS



#BACKTHEPACKSSU YOU COULD WIN GREAT PRIZES JUST BY POSTING PICTURES OR VIDEOS WITH YOUR MESSAGE OF HOW YOU BACK THE PACK

Drinking is a Personal Choice



Don't Be a Bully

having someone's back means not pressuring them to drink.

people can make their own choices.

#BACKTHEPACKSSU SHARE HOW YOU HAVE YOUR SEAWOLVES' BACKS

YOU COULD WIN GREAT PRIZES JUST BY POSTING PICTURES OR VIDEOS WITH YOUR MESSAGE OF HOW YOU BACK THE PACK



BE THE HERO SAVE A SEAWOLF

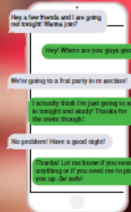
If someone who has been drinking is not responsive, passed out or you just don't feel right about where they are at,

DON'T STALL CALL 911

for help. It's better to have a friend mad at you for calling than to jeopardize their safety.

#backthepackssu

Be Smart. Party With A Plan.



Connect with your friends or roommates

- Who are you going out with? Who are you meeting later on?
- What are you planning to do? Do you have the details in mind before you leave your room? Where are you going? Is it random or do you have a plan?
- Do others know the location in case they need to reach you?
- How are you getting home? Know this before you go out! Is your driver planning to drink? If so, make sure you have an alternate ride home.

#backthepackssu

Passive Alcohol Education – Myth Campaign

MYTH

Anyone who passes out from drinking too much should be put to bed and allowed to "sleep it off".



FACT

If a friend has had too much to drink and passes out, the worst thing to do is put them in a bedroom away from everyone else and close the door. Alcohol slows down heart rate and breathing and lowers blood pressure. The amount of alcohol it takes to make you pass out is dangerously close to the amount it takes to kill you. If a friend passes out, monitor their breathing and heart rate closely and do not hesitate to get them medical attention.

Beavolf Myths - 2019 National Collegiate Alcohol Awareness Week

MYTH

Alcohol improves sexual performance.



FACT

Although a small amount of alcohol may make you feel less inhibited, anything more will decrease a man's ability to maintain an erection and both genders' ability to achieve orgasm. As a depressant drug, alcohol numbs nerve endings and decreases lubrication while also affecting rational decisions and judgment.

Beavolf Myths - 2019 National Collegiate Alcohol Awareness Week

MYTH

Beer doesn't have as much alcohol as hard liquor.



FACT

A 12-ounce bottle of beer has the same amount of alcohol as a standard shot of 80-proof liquor (either straight or in a mixed drink) or 5 ounces of wine.

Beavolf Myths - 2019 National Collegiate Alcohol Awareness Week

MYTH

I can manage to drive well enough after a few drinks.

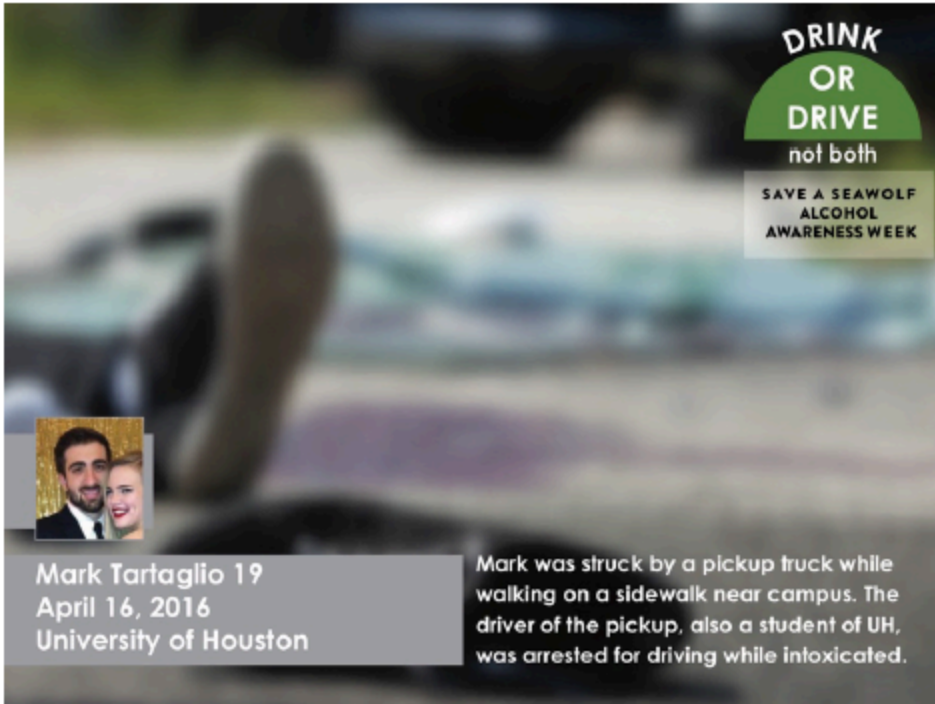


FACT

About one-half of all fatal traffic crashes among 18 to 24 year olds involve alcohol. Your impairment is related to your blood alcohol concentration (BAC). Depending on your weight, you can have a BAC of 0.02% after only one drink, which can slow your reaction time and make it difficult to concentrate on two things simultaneously.


Beavolf Myths - 2019 National Collegiate Alcohol Awareness Week

Passive Alcohol Education – Crash Stories



**DRINK
OR
DRIVE**
not both

SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK



Mark Tartaglio 19
April 16, 2016
University of Houston

Mark was struck by a pickup truck while walking on a sidewalk near campus. The driver of the pickup, also a student of UH, was arrested for driving while intoxicated.



**OR
DRIVE**

SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK



Sarah Vande Berg 21
October 11, 2015
University of South Carolina Upstate

Sarah lost her life in an automobile crash where three other students died. The driver, who was also a student, had a blood alcohol level of 0.122. Sarah's blood alcohol level was 0.13.

DRINK
OR
DRIVE
not both

SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK



Madeline Scalf 19
January 22, 2016
Lenoir-Rhyne University

Madeline lost her life when she drove off the road while taking a hard turn in the early morning hours. She had just left a party and authorities stated that alcohol was a primary factor.

DRINK
OR
DRIVE
not both

SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK



Maury Lorence, 22
October 12, 2014
Nebraska Wesleyan University

Maury lost his life after being struck by a vehicle while walking along an interstate highway. Maury was on a "party bus" rented by another student but was separated from the bus after it stopped at a truck stop. His blood alcohol level tested to be .245



**DRINK
OR
DRIVE**
not both
SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK

Joshua Lee 20
October 11, 2015
University of South Carolina Upstate

Joshua lost his life in an automobile crash where three other students died. The driver, who was also a student, had a blood alcohol level of 0.122.



**DRINK
OR
DRIVE**
not both
SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK

Benjamin Allison, 20
January 24, 2015
Illinois State University

Benjamin lost his life in a hit-and-run accident near his campus. A second ISU student in custody on charges of driving under the influence and leaving the scene of an accident.



**DRINK
OR
DRIVE**
not both

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ALCOHOL
AWARENESS WEEK



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SAVE A SEAWOLF
ALCOHOL
AWARENESS WEEK



Garrett Gagne 22
January 1, 2015
St. Lawrence University

Garrett was laying in the road when a police officer ran over him on New Year's Eve after midnight. Authorities stated that Garrett had consumed "hour after hour of alcohol" at bars and house parties while celebrating New Year's Eve and his friends were "too impaired to be looking for him."

Passive Alcohol Education – Awareness Messaging



About 1 in 4 college students report academic consequences from drinking, including missing class, falling behind in class, doing poorly on exams or papers, and receiving lower grades overall.



About 97,000 students between the ages of 18 and 24 report experiencing alcohol-related sexual assault or date rape.



An average drunk driver has driven drunk over **80 times** before their first arrest.

About **1,825** college students between the ages of **18 and 24** die from alcohol-related unintentional injuries, including motor-vehicle crashes.

Alcohol Awareness Events/Speakers



A positive, science-based and seriously entertaining approach to substance abuse prevention.

SEPTEMBER 10 AT 7 P.M.
STUDENT CENTER BALLROOM A

FROM COLLEGE CAMPUS TO CORRECTIONAL INSTITUTION:
HOW **ONE** DECISION CHANGED EVERYTHING

TUESDAY
APRIL 10TH

AT 7:30 P.M. IN BALLROOM A
AN ALCOHOL AWARENESS WEEK EVENT
SPONSORED BY STUDENT INVOLVEMENT

Jessica Rasdall
NATIONAL SPEAKER & BEST-SELLING AUTHOR

AS SEEN ON:

Arrive Alive DISTRACTED DRIVING Simulator

Tuesday, December 4
10:00 AM to 4:00 PM
Salazar Plaza

The simulator allows participants to experience the potential consequences of distracted and impaired driving in a controlled environment.



Signage for Red Flag Display

19% of college students
between the ages of
18 and 24
met the criteria for an alcohol use disorder,
but only **5%** of these students
sought treatment for alcohol problems
in the year preceding the survey

In the U.S.
28 people die
as a result of drunk driving crashes
every day

#backthepackssu

Each year an estimated
1,825 college students
between the ages of
18 and 24
die from alcohol related unintentional injuries
including motor vehicle crashes.

#backthepackssu

Each year an estimated
599,000 students
between the ages of
18 and 24
are unintentionally injured
under the influence of alcohol.

#backthepackssu

Each year an estimated
696,000 students
between the ages of
18 and 24
are assaulted by another student
who has been drinking.

#backthepackssu

Each year an estimated
97,000 students
between the ages of
18 and 24
are victims of alcohol related
sexual assault or date rape.

#backthepackssu

About **one quarter** of college students report having academic consequences because of their drinking including missing class, falling behind, doing poorly on exams or papers, and receiving lower grades overall.

#backthepackssu

Alcohol is the leading cause of death for people between the ages of **15-24**

#backthepackssu

Each year an estimated **4,860,000** students between the ages of 18 and 24 drive under the influence of alcohol

#backthepackssu

Alcohol Education Collateral – Lanyards and tags we put on the lanyards

ARTWORK PROOF



g 73% One Side only



g 33% End to end



g 100% Logo (individual size)



Imprint: Both sides/ End to end
Color: Full Color
Size: 32" w x .625" h (End to End)
 16" w x .625" h (One side)



TAXIS*

(The following is for informational purposes and does not represent an endorsement)

- **Petaluma Green Taxi** 707-769-8294
- **Ace Taxi Rohnert Park** 707-585-0211
- **Yellow Cab Company** 707-544-4444
- **Sam's Taxi Rohnert Park** 707-588-8282

*Ask at Student Center Box Office about purchasing taxi discount vouchers

- **24 HOUR ALCOHOL INFO.**
Orenda Center
707-565-7450
- **PUBLIC TRANSPORTATION**
Sonoma County Transit
707-576-7433



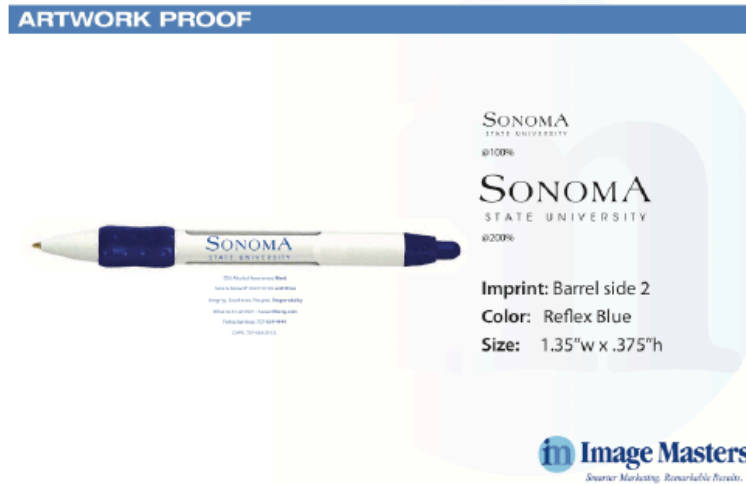
Know the Signs:

- Mental Confusion
- Unresponsive
- Vomiting
- Slow/irregular breathing
- Pale or clammy skin

See the signs:

Call 911
 save a Seawolf!

Alcohol Education Collateral – Barrel Click Pens



- The pens have a click forward messaging component to them. Messaging included:
 - Save A Seawolf: Don't Drink and Drive
 - Sonoma State University Alcohol Awareness Week
 - Seawolf Commitment: Integrity, Excellence, Respect , Responsibility
 - There's Always Something To Do at SSU: Seawolfliving.com
 - Police Services: 707-664-4444
 - Counseling and Psychological Services: 707-664-2153

Why to Quit Chew

Chew Causes:

- Mouth cancer, tooth decay, leathery white patches, and red sores in the mouth.
- Who would want to kiss that?



To Quit, Call
1-800-No-Butts

STUDENT HEALTH CENTER
737-664-3923

Why You Should Quit Hookah

- Involves tobacco use and contains nicotine which is an addictive toxin.
- Can cause allergic reactions, asthma attacks, lip & gum cancer.
- Sharing a hookah can pass cold, flu, herpes & other infections.



To Quit Call
1-800-NO-Butts
STUDENT HEALTH CENTER
737-664-3923

Why you should Quit Juul



To Quit Call
1-800-NO-BUTTS

- Juul contains more nicotine than any other E-cigs, and is harder to quit because of it.
- Juul can negatively effect memory, mood, and self control making everyday life harder for college students.

-Quitting is easier with support. Make a pact with a couple friends to ditch Juul for good.

STUDENT HEALTH CENTER
737-664-3923

Why you should quit Vaping



TO QUIT CALL
1-800-NO-BUTTS

- Vaping makes you jumpy, irritable, and quickens your heart rate.
- Vapes dont even help people quit cigarettes.
- Vapes have not been tested thoroughly tested, and may contain dangerous chemicals.

STUDENT HEALTH CENTER
737-664-3923

FREE TRAINING FOR POLICE OFFICERS, PROSECUTORS, ANALYSTS,
ADVOCATES, DISPATCH AND MEDICAL PROFESSIONALS!

HUMAN TRAFFICKING TRAINING

RESULTS-BASED training to interdict human trafficking suspects and victims. If you have any interest in this field, this is the program to attend.

NOVEMBER 12-13, 2024: 0800-1700

SONOMA STATE UNIVERSITY
STUDENT CENTER BALLROOM A
1801 E. COTATI
ROHNERT PARK, CALIFORNIA

DAY 1: INTERDICTION

- Transition from routine call to trafficking incident
- Properly obtain evidence including from cell phones.
- Interview victim and suspect for results.

DAY 2: ILLICIT MESSAGE

- Investigate IMBs using the *Four Corner Strategy*, the first and most successful statewide approach to dealing with IMBs.

Your Instructor: **DAN NASH, Founder HUMAN TRAFFICKING TRAINING CENTER.** Missouri State Trooper (Retired), Human Trafficking Unit



Hosted by:

Sonoma State University & Redemption House of the Bay Area

Sponsored by:

Operation Underground Railroad



HTTC | HUMAN TRAFFICKING
TRAINING CENTER



To RSVP Go to: www.humantraffickingtrainingcenter.com